PharmaLabs

Metformin 500mg Oral Tablet

Visually Impaired

If you are visually impaired and need help reading your label we can help. At your request, a prescription reader is available to patients in need. If you need help, please contact the pharmacy at 727-498-1228 and speak to a technician or pharmacist who will be able to advise you on your options and the cost. Additional charges do apply.

What is this medication?

Generic Name: Metformin
Brand Names (capsule form): Fortamet®, Glumetza®, Riomet® ER (extended-release versions).
Metformin is an oral antidiabetic medication used to manage: Type 2 Diabetes Mellitus: Helps control blood sugar levels. It works by: Decreasing glucose production in the liver. Improving insulin sensitivity. Reducing intestinal absorption of glucose.

What are the ingredients?

Active Ingredient: Metformin hydrochloride.
If you have any further questions or concerns about the ingredients used in your customized, compounded formulation, please contact one of our pharmacists at 727-498-1228.

What should I tell my healthcare provider before I take this medication?

Inform your provider if you: Have kidney or liver problems. Have a history of alcohol abuse. Are dehydrated or have had a recent infection or surgery. Have heart failure or breathing problems. Are over age 65. Are pregnant, planning to become pregnant, or breastfeeding. Are scheduled for x-ray or contrast imaging studies (temporary discontinuation may be required).

How should I use this medication?

Take exactly as prescribed.
Swallow the capsule whole—do not crush or chew extended-release forms.
Take with food to reduce stomach upset.
Stay well-hydrated unless advised otherwise.

What if I miss a dose?

Take it as soon as you remember. If it's close to your next dose, skip the missed dose—do not double up.

What may interact with this medication?

Tell your provider about all medications you take, especially: Diuretics (water pills). Steroids. Blood pressure medications (e.g., ACE inhibitors). Thyroid medications. Insulin or other diabetes medications. Contrast dye for imaging (can temporarily impair kidney function). Limit alcohol intake while taking metformin to reduce the risk of lactic acidosis.

Always check with your provider before starting or stopping any medication, including non-prescription products.

What side effect:

Common side effects: Nausea, vomiting, or diarrhea (usually temporary). Bloating or gas. Metallic taste in mouth. Appetite loss

Serious but rare side effect:

- **Lactic acidosis** (a medical emergency): Symptoms include:
    - Muscle pain or weakness
    - Trouble breathing
    - Dizziness, drowsiness
    - Unusual fatigue or cold feeling

This list may not describe all possible side effects. Call your doctor for medical advice about side effects and any unusual problems while taking this medication. If you experience a serious side effect, you or your doctor may send a report to the Food and Drug Administration's (FDA) MedWatch Adverse Event Reporting program, online (www.fda.gov/Safety/MedWatch) or by phone (1-800-332-1088)

What should I watch while using this medication?

Monitor your blood glucose levels as directed.
Have routine kidney function tests while on metformin.
Maintain a balanced diet and regular exercise regimen.
Avoid excessive alcohol consumption.

Where should I keep my medication?

Store at room temperature (68–77°F or 20–25°C)
Keep away from moisture and heat
Keep out of reach of children and pets

Disposal: Do not flush or pour unused medication down the drain. The best option is to use a DEA-authorized drug take-back location, which you can find at rxdrugdropbox.org. If that's not available, mix the medication (still in its vial or drawn into a syringe) with an undesirable substance like used coffee grounds or cat litter, seal it in a plastic bag, and discard it in the household trash—after removing any personal information from the label. Used syringes must be placed in an FDA-cleared sharps container and taken to an appropriate sharps disposal site. If you're unsure, contact your pharmacist at 727-498-1228 for guidance.

OFFER TO COUNSEL NOTICE

You are receiving this notice because you or your physician recently requested a compounded prescription to be filled by our pharmacy. You are entitled to receive medication counseling from one of our pharmacists regarding the following: Name and description of medication. Dose, route of administration, and duration of medication. Intended use of medication and expected action. Special directions and precautions for use. Common adverse effects or interactions. Techniques for self-monitoring. Proper storage. Prescription refill information.

You may contact a pharmacist at (727) 498-1228 Monday through Friday, 9AM to 5PM EST and Saturday 9AM-1PM EST.

PharmaLabs' notice of Privacy Practices may be viewed on the company website. You may view and acknowledge receipt of these offers or refuse your right to be counseled online at: http://www.plabrx.com/offer

Our pharmacists will be happy to discuss any additional questions or concerns you may have.

NOTE: This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.